



**WVU**MedicineChildren's

### **COVID-19 Autism Resources**

- COVID-19 Information and Resources - *Autism Speaks* <https://www.autismspeaks.org/covid-19-information-and-resources>
- What Should the Autism Community Know about the Coronavirus Outbreak? - *Autism Speaks* <https://www.autismspeaks.org/science-news/what-should-autism-community-know-about-coronavirus-outbreak>
- COVID-19 Resources for Families - *National Autism Association* <https://nationalautismassociation.org/covid-19-resources-for-families/>
- What is the Coronavirus? Social Story <https://littlepuddins.ie/coronavirus-social-story/>
- How to Explain a Global Health Crisis to Children with Autism - *Psychology Today* <https://www.psychologytoday.com/us/blog/neuroscience-in-translation/202003/how-explain-global-health-crisis-children-autism>
- Coronavirus Response and Resources - *Autism Society* <https://www.autism-society.org/covid-19/>
- Tackling Social Skills for Children with Autism during Social Distancing - *Icahn School of Medicine at Mount Sinai* <https://icahn.mssm.edu/research/seaver/resources/covid-19-autism-resources>
- Supporting Individuals with Autism through Uncertain Times - *Autism Focused Intervention Resources & Modules* <https://afirm.fpg.unc.edu/supporting-individuals-autism-through-uncertain-times>  
\*Toolkit with social stories, visual schedules, and other ideas for helping people with ASD cope with the current climate
- Pandemic Social Stories - *Carol Gray Social Stories* <https://carolgraysocialstories.com/pandemic-social-stories-direct-access/> \*Carol Gray is one of the top researchers and creators of social stories. She has provided several free new social stories written specifically for the current climate
- Coronavirus Disease 2019 - *Autism Society of North Carolina* <https://www.autismsociety-nc.org/coronavirus-disease-2019/>
- Digital COVID-19 Social Story - *Easter Seals* [https://www.flipsnack.com/KeshetChicago/coronavirus-social-story/full-view.html?fbclid=IwAR3n-xS\\_NQ4GhjjTD\\_xxt7zrEWqJr25bfZHWs6h3nAjqTIRZ9kCaw0j2u\\_Y](https://www.flipsnack.com/KeshetChicago/coronavirus-social-story/full-view.html?fbclid=IwAR3n-xS_NQ4GhjjTD_xxt7zrEWqJr25bfZHWs6h3nAjqTIRZ9kCaw0j2u_Y)
- Coronavirus Social Story Video <https://www.youtube.com/watch?v=xkZ23tDzN4c&feature=youtu.be>
- Free Communication Tools for COVID-19 <https://www.patientprovidercommunication.org/>
- Time to Come In, Bear: A Children's Story about Social Distancing [https://www.youtube.com/channel/UCanMFn8NM376FjqwqURYC\\_Mw](https://www.youtube.com/channel/UCanMFn8NM376FjqwqURYC_Mw)

## Local Resources

- COVID-19: What You Need to Know - *WVU Medicine* <https://wvumedicine.org/covid/>
- What You Need to Know about Coronavirus - *West Virginia University Health Sciences Center* <https://coronavirus.wvu.edu/>
- Monongalia County Health Department (304) 598-5100, <https://www.monchd.org/covid-19.html>

## Helplines

- **WVU Medicine J.W. Ruby Memorial Hospital** has established a phone number for patients to call if they have respiratory or flu-like illness that they believe could be related to COVID-19. **Patients can call 304-598-6000, option 4, to speak with a staff member.**
- **West Virginia Child/Adult/Domestic Violence Abuse Hotline** 1-800-352-6513
- **Help4WV** 844-HELP4WV – Helpline for West Virginians struggling with addiction or mental health concerns, Available 24/7
- **West Virginia Circle of Parents Network** 304-595-7087 <https://teamwv.org/circle-of-parents-landing/>
- **National Alliance on Mental Illness**, Crisis Helpline: 800-950-6264 or Text NAMI to 741741 Available 24/7 <https://www.nami.org>
- **National Parent Helpline** 1-855- 4A PARENT (1-855-427-2736), *Hours of Operation: Monday through Friday 7:00 AM to 4:00 PM* <https://www.nationalparenthelpline.org/>
- **Parental Stress Line** 1-800-632-8188, Available 24/7 in all languages <https://www.parentshelpingparents.org/>
- **National Child Abuse Hotline** 1-800-422-4453
- **Crisis Text Line** Text START to 741741
- **Girls & Boys Town National Hotline** - Parenting and Child Mental Health Support, (800) 448-3000
- **National Hopeline Network** (800) SUICIDE
- **National Youth Crisis Hotline** (800) 442-HOPE (4673)
- **SAMHSA National Helpline** (800) 662-HELP (4357)